

CANOE TRIP 2019

- 3-day camping and canoeing trip on the Elk River;
 - 190 Smithland Rd, Kelso, TN 37348
- Primitive camping
 - Tents, fire pit, port-a-potty
- Canoeing around 9 miles (NOT as bad as you think!)
 - ONLY on Saturday
- All meals will be provided except lunch on the river
- \$30 a person (canoe rental, campsite, meals)
- Friday Meal
 - Dinner
 - Dutch-oven pizzas & garlic bread
 - Smores
- Saturday Meals
 - Breakfast
 - Pancakes, bacon, eggs
 - Dinner
 - Philly Cheesesteaks
 - Peach cobbler & ice cream
- Sunday Meal
 - Breakfast pastries and bars

PACKING LIST

- 3 changes of clothes
 - Saturday around the camp
 - Saturday on the river
 - Sunday morning
- **FOOD FOR ON THE RIVER**
 - Lunchables
 - Snack foods that don't melt
 - Chips, crackers, cookies, fruit
 - **DRINKS**
 - Water, Gatorade, etc. (canned or bottled)
 - Small trash bag to carry on the canoe
- **Camping gear**
 - Sleeping bag
 - Tent*
 - Inflatable mattress, cot
 - Pillow
 - Flashlight
 - Camp chair
 - ***RIVER SHOES***
 - Chaco's, crocs, swim shoes, etc.
- **Optional**
 - frisbee, football, fishing pole, Eno
 - ***canoe seat cushion***, life jacket, kayak
 - Animals

SCHEDULE

- **FRIDAY**

- Set up tents and camp
- Dinner

- **SATURDAY**

- Breakfast
- Canoe around *10:00'ish*
 - Eat lunch on the river
 - Get back to camp around *3:00ish*
- Go back to camp
- Rest
- Dinner

- **SUNDAY**

- Wake up
- Breakfast
- Pack up and be back to Chattanooga by 12:00ish*